



HOSPICE CARE

Support, Comfort, and Peace of Mind



Living with advanced illness can be hard.
VNS Health is here to help.

*"I am grateful for visiting nurses. Mom and I couldn't
have had one last year together without hospice care."*

—VNS Health Patient Caregiver



We offer expert care in the home, hospital, assisted living residences, and skilled nursing facilities.

With VNS Health, patients get the support they need in the place they feel most at ease.

How can hospice care help?

The goal of hospice is to make you or your loved one as comfortable as possible during this time. It includes medical, emotional, and spiritual care.

The VNS Health Hospice Care program focuses on symptom relief and compassionate support for both patients and caregivers.

We have the experience, training, and empathy to give you or your loved one care that you can count on when facing advanced illness. And we're dedicated to helping patients avoid trips to the hospital.

We also know that during the hospice journey, patients want to remain at home, or wherever is most comfortable, surrounded by family and friends.

Our teams bring the care to you.

We'll work with you to develop a personalized care plan that meets your goals. And we'll respect your wishes every step of the way.

We're also proud to have the only private hospice residence in Manhattan, the Shirley Goodman & Himan Brown Hospice Residence. It's a comfortable, safe place for patients when home is not an option.

DID YOU KNOW? Many people have said that they wish they had started hospice care sooner.

Those who choose hospice care benefit from an experienced team that focuses on your unique needs, whether you're a patient or caregiver.

What can I expect with hospice care from VNS Health?

Our goal is to help you or your loved one make the most of every day.



Visits from a hospice nurse and other specialists, if needed.

We tailor services to your needs. For example, if your team determines that you would benefit from the support of a physical therapist or dietitian, we will arrange the visit.



Home health aides to help with personal care.

Our home health aides are trained to give you or your loved one compassionate personal care, from support with bathing or eating to safely using the bathroom.



Medicines to manage symptoms.

Your care team will prescribe medicines to help relieve symptoms like pain, nausea, fatigue, and shortness of breath. And we'll deliver the medicines to your door.



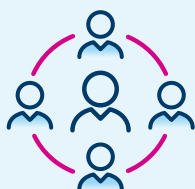
Medical equipment, like a hospital bed or an oxygen tank.

Your team will order and set up any equipment needed to help keep you or your loved one comfortable. And we'll teach you how to use it safely.



Emotional support and spiritual care for both patients and caregivers.

Your team will include social workers and spiritual care counselors who serve all denominations. They can guide you and your loved one through this difficult time.



Education and grief support for caregivers.

We will give you and your family the tools, education, and guidance to help you make informed decisions. We'll provide counseling and ongoing support during this time. And our program offers bereavement support for up to 13 months.

Who will be on my hospice care team?

As part of VNS Health Hospice Care, you will be assigned a dedicated team of experts, including:

- Doctors and nurses
- Home health aides
- Social workers
- Spiritual care counselors
- Bereavement support counselors
- Other specialists as needed, such as dietitians and physical or occupational therapists

Your team will work closely with you, your family, and your doctor to develop a plan of care specific to your needs. This includes details about the frequency of home visits from your team. They will also teach you about what to expect on the hospice journey.

You can access your team 24/7 through our support helpline!



Here are some signs that you or your loved one may be ready for hospice care:

- Frequent calls to the doctor or 911.
- Multiple visits to the hospital and/or emergency department.
- Treatments that aren't working or are no longer helpful.
- Multiple or complex conditions that may be getting worse.
- Difficulty doing day-to-day activities such as eating, dressing, and bathing.

Your doctor or a VNS Health team member can help you decide if it's time for hospice care. Please feel free to contact us at **212-609-1900**, and we will help answer any questions.

DID YOU KNOW? If you or your loved one has complex care needs, VNS Health has the expertise to help. We specialize in care for patients with COPD, heart disease, kidney disease, cancer, dementia, and wounds that don't heal.

This photo was taken at the Shirley Goodman & Himan Brown Hospice Residence, our private hospice facility in Manhattan.



Who pays for hospice care?

Medicare, Medicaid, the Veterans Benefits Administration, and most private insurance plans pay for hospice care.

We'll work with you to find out what's covered. And we'll help you get the care you need. Your VNS Health hospice liaison can also help you get answers to financial and other questions that come up.



"I am forever grateful to VNS Health. The quality of at-home hospice care given to my loved one was the finest. The nurses were so attentive, as well as the social worker. They treated my family member with dignity, respect, and compassion to the end."

—VNS Health Patient Caregiver

You can count on us as your partner on the hospice journey.

VNS Health was one of the first home care organizations in the country to offer hospice care. Today, we're proud to be the only hospice licensed to care for patients in all five boroughs of New York City. We serve thousands of patients with compassion every day!

We're also committed to serving veterans, the LGBTQ+ community, and New Yorkers of all religions, races, and ethnicities. Our team members receive cultural and inclusivity training. And we're dedicated to treating all our patients with the respect and dignity they deserve, no matter their background or beliefs.



If you're considering VNS Health for hospice care, please call to talk to one of our team members. We'll guide you the rest of the way.

212-609-1900



vnshealth.org/hospice-care



The future of care. The comfort of home.

HOME CARE · PERSONAL CARE · HOSPICE CARE
BEHAVIORAL HEALTH · HEALTH PLANS
CARE MANAGEMENT · COMMUNITY OUTREACH